

## Once upon a time...

in a world not too different from our own, a young adventurer lives. That adventurer, dear reader, is you!



And your quest begins NOW.

One sunny rising, you wake up with a feeling in your heart, a feeling that something BIG is about to happen.



In your dream, you came across three miracle flowers and saved the world. You leap out of bed, your imagination soaring higher than a rocket. You have never felt so excited!

### Your mission?

To find the three miracle flowers you saw in your dream that hold the power of everything, the power to save the world.



Yet, how do you begin such an incredible journey?

It's not in the how, it's in the NOW.

The journey of a thousand miles begins with a single step.

Not knowing how, you still take your first step into your unknown adventure. That's when you meet your first guide, Littlemilk: a gentle creature with a heart full of peace.

#### Littlemilk whispers,

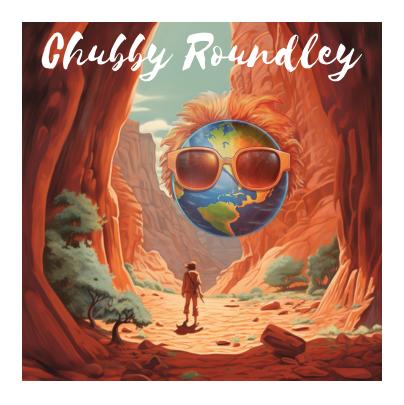
"To find the three miracle flowers, seek wisdom from your heart and those around you. For the seeds of knowledge are always in your experience."



And so, you were even more excited about who else you would meet and learn from on your quest.

Next, you venture to the scorching canyons of Arizona, where you encounter Chubby Roundley. You have never seen anything like him.

Chubby says, "When the world outside gets messy, remember, your true power lies within. Slow down, listen to your heart, and send it love."



So you do; you close your eyes and feel your heart filling with love and kindness. This experience leaves you in awe with how big and beautiful your heart is. Then, in the heart of the adventure, at the moment you least expect it, you meet Mr. and Mrs. Alien & Witch. They are soulmates with big ears and big hearts. They speak as one, saying, "Love and unity are the strongest magic in the universe, and the most powerful way to change the world is to be it."



You have never experienced such an unconditional love and kindness. Your heart feels intense appreciation for being fully seen and heard for who you are, and you get to share this experience with others.

The next place you come across is the beautiful cliffs of California. There, you stumble upon West Coast Willy, a cool surfer sea lion.



With a confident and relaxed mindset, Willy tells you, "Ride the waves of life, for even in the stormiest seas, there's peace beneath the surface."

After meeting Willy, you could feel your confidence growing. Your excitement continues to grow as your quest takes you north.

Suddenly, in the ice forest where the world feels cold and silent, you meet Harry Quickly. A mysterious bigfoot guardian that might seem scary, yet being around him feels soothing.



As his eyes sparkle with ancient wisdom, he says, "True strength is caring for the whole world, even when no one sees you."

And now you know, not everything in this world is as it seems.

Beware, dear reader, for on this quest, you also meet Prezzy, who wants the miracle flowers all for himself. Prezzy is always in a hurry, missing the beauty around him.

Yet you, with the wisdom you have gathered, smile and say, "Patience, Prezzy, for life's true treasures are found when we slow down."



Meeting Prezzy teaches you that you always have a choice for how you feel about the world.

Finally, you reach a hidden garden where the three miracle flowers bloom. You smell them gently, feeling the joy of completing your mission and the beauty of connection to others along the journey itself.



Now, you have a vision of what you want to do next: you get to spread the seeds of these three miraculous flowers.

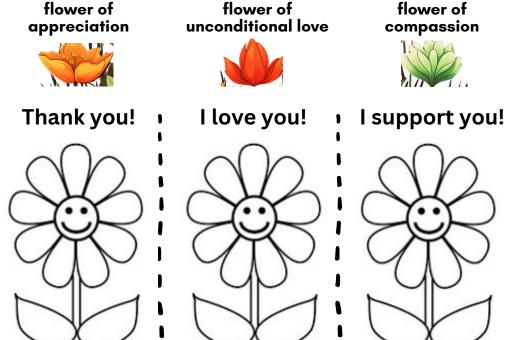
## 3 Miracle Flowers: Share the love♡



Share three miracle flowers of your own with others, starting with yourself!

**Step One:** Create art, draw something (flowers or anything you want), write a letter, or decide your own way to give the three "miracle flowers" and share the love!

Example of flowers to color and cut out can be found below. Those flowers are:



# Focus on the good and gratitude because what you focus on grows!

**Step Two:** Create a moment for giving your gift and telling them what that is. Share how much you appreciate them, love them, if it's a flower of compassion so you can tell them how much you support them or maybe even forgive them. You choose what you want them to say.

**Step Three:** After giving out your three flowers, answer and maybe journal about: How does it feel to share compassion, love & appreciation with yourself and others? How was your experience? What do you appreciate about yourself?



With every miracle you find, you get to share it. So with every flower you give, you plant a seed of goodness, precisely how you spread the magic with the rest of the world.



And so, dear reader, your adventure ends with a heart full of gratitude and wisdom. You know that every ending is a new beginning,

Thank you for participating in this experiential learning process of Quantum Living Lifestyle.

Every story, every tale, has beautiful wisdom and truth in it. The most important part is to embody it, to practice it, and to put it into action!

We appreciate you for creating your own miracle flowers, for sharing compassion, appreciation, and love to the world.

Thank you, for spreading your magic!

